



AISCCON NEWS

आइस्कॉन समाचार

ALL INDIA SENIOR CITIZENS' CONFEDERATION

Monthly Newsletter – Reg.no. Maha / 302 / 03 / Thane under Society Regn. Act 1860

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DECEMBER-2022

AISCCON will be celebrating **annual AISCCON Day on 28th Dec.** We will be undertaking various programs at our Nerul community hall and would be happy to receive the EC members for this function in person, if possible. We also recommend that members shall encourage/participate in the activities to celebrate this event at local level. We will be sending write up covering brief history around AISCCON, its formation, its purpose and its ongoing work. That write up can be translated at local languages as appropriate and then can be used to brief the participants at local events or can also be used for giving to media for their publication. Let us use 28th Dec as important day and occasion not only to celebrate but also create publicity around AISCCON using this occasion.

Dear all EC Members, we will also have our EC meeting on 28th Dec. 2022 at Nerul, Navi Mumbai. Kindly note that post EC meeting, we will have the program related to AISCCON Annual Day Celebrations and activities.

---- Shri. Shrihari Shidhaye, Secretary General.

EXECUTIVE COMMITTEE MEETING ON 15TH NOVEMBER (EXTRACTS)

The meeting took place at Kalamadira, Mysuru, Chaired by President, AISCCON, Shri Vishwasrao Bhadane with following members: Shri. Shrihari Shidhaye, Shri Bhanwar Seth, Shri Mudakavi Mallappa, Shri Dixit BB, Shri Ankhush Jambhale, Dr. Sulbha Kuvar, Shri Sreedhar S, Smt. Yamla Sahu, Ms. Girija K, Shri Namdevrao Dafal, Shri Birla KK, Shri T Bhomanna, Dr. RK Sharma, Shri Ramchandriah P. Special invitee: Shri TPR Unny, Past Secretary General.

1. The minutes of the last EC were circulated post meeting and were also sent to all the members. There have been no queries or discussions. The same were treated as read and confirmed unanimously.
2. The report prepared by Committee consisting of Shri VK Bhadane, Shri V Narayana Murty and Shri AS Tekale has been submitted. The findings of the report were read out in front of the Executive Council and the Council was satisfied with the findings. Hence the report submitted by the three-person committee is adopted by the Executive Committee with no further action pending in this regard.

Findings:

- There are no irregularities, fraud, misappropriation or suspicious transaction as alleged, in the audited accounts of the year ending 31.03.2022. It is a settled law that suspicion, however strong it may be, cannot take place of proof beyond reasonable doubt.
- The Audited Accounts for the year ending 31.03.2022 is recommended to be adopted.
- Shri V.K. Bhadane, present President and former Vice President may sign the audit papers as Vice President for the year ending 31.03.2022.
- Appropriate resolution adopting the audited accounts for the year ending 31.03.2022 may be placed in the next Central Council meeting and ratified. In order to meet the deadline, the Income Tax returns and Charity Commissioner returns should be filed on or before 07/10/2022 and 15/10/2022 respectively.

3. The accounts placed before the EC were adopted unanimously.
4. The returns for the Income Tax authorities and Charity Commissioner's office have been filed within the revised timeline set by authorities.
5. For the period Apr – Sept 2022, the Income has been Rs 3,84,007 and Expenses have been Rs 3,24,866. So AISCCON had excess income of Rs 59,141 over the expenses for the first 6 months of the FY 2022-2023. The accounts were approved unanimously.
6. The details of all FDs were placed before EC, mentioning that these details will be shown at regular intervals for their information. As of 31st Oct 2022, the total value of FDs held is Rs 1.134 Cr., at Bank of India, Nerul branch and SBI, Nerul branch.

Shri Bhanwar Seth suggested that we shall look into the interest rates for various FDs and shall evaluate premature withdrawal for some FDs followed by reinvestment at current prevailing higher interest rates. Also tenure of the FDs could be studied so as to maximize interest earning.

7. It was decided that for all banking operations of AISCCON, three signatories shall be authorized with similar terms and conditions as existing. The three persons authorized: Shri Vishwasrao Bhadane, President AISCCON, Shri Shrihari Shidhaye, Secretary General and Shri Ankush Jambhale, Secretary Finance. It is resolved that for running of AISCCON banking operations at State Bank of India, Nerul branch and Bank of India, Nerul branch, EC hereby authorizes Shri Vishwasrao Bhadane, President AISCCON, Shri Shrihari Shidhaye, Secretary General and Shri Ankush Jambhale, Secretary Finance as signatories. Necessary intimation may be issued to the bank authorities and request them to incorporate the new signatories by replacing the old ones for all banking operations of AISCCON bank accounts, Fixed Deposits and other banking operations, as necessary.
8. Following firm has been proposed as the auditor for the FY ending 2023. M/s B. Kabra & Co., Chartered Accountants, D-442, 2nd Floor, Vashi Plaza, Sector 17, Vashi, Navi Mumbai 400705. Contact person Mr Santosh Kadu with mail ID santoh_kadu10@yahoo.in. Professional fee for auditing will be Rs.12000/- per annum. Professional fee for Income Tax Return filing, Charity Commissioner on line submission and Physical submission will be additional Rs.8000/- which will be done by Swastik Accounting Solution, Sanpada, Navi Mumbai. The decision was approved by Executive Committee and was asked to put in front of Central Council for ratification.
9. Shri Vishwasrao Bhadane explained his views about EC membership and their expected role. He also emphasized that priority will be given to those who have inclination to put high efforts for the achievement of AISCCON objectives. In his view, membership is not only about

position but more importantly around responsibility of the members. It has been observed that very few sub-committees operational for the last three years have submitted any reports including annual reports providing details of their members, meetings conducted, scope and objectives set for the subcommittee and their achievements.

The names of 16 suggested subcommittees for the period 2022- 2025: 1) CSR 2) Research and International Relations 3) Finance 4) Rural Mobilization 5) Urban Mobilization 6. Arts, Culture and Sports 7) Media & PR 8) Gerontology 9) Health Programs 10) Day Care Centers and Old Age Homes 11) Training and Education 12) Legal Matters 13) Women Empowerment 14) Travel, Tour and Entertainment 15) Amendment of Constitution 16) Discipline.

Shri Vishwasrao Bhadane asked interested individuals from within EC / CC or otherwise to send communication to him and AISCCON office indicating names of interested persons. The interested individuals shall also provide his/ her views about scope and objectives of the sub committee. He emphasized the point that subcommittees are for driving agenda of AISCCON and not created only for cosmetic purpose. The names of Chairpersons and members of subcommittees will be put up in front of EC in the next meeting.

10. Change report to be submitted to Charity Commissioner under section 22: The work has been initiated in this regard and the names of changed persons have been identified over the last 20 plus years. Their information and consent for change is being obtained for providing the same to authorities as part of change report submission. Executive Committee will be kept informed about the status of the same. As this task has been pending over the last 20 years, top priority is given to follow up by AISCCON office bearers.
11. It was decided that three representatives of AISCCON that will be part of Bhavan Samiti would Shri Vishwasrao Bhadane, President AISCCON, Shri Ankush Jambhale, Secretary Finance and Shri D N Chapke.
12. It is further resolved that AISCCON will be represented on Jyestha Nagrik Samajik Sanstha (Bhavan Samiti) through Vishwasrao Bhadane ,President AISCCON, Shri Ankush Jambhale, Secretary Finance and Shri D N Chapke.
13. The EC was informed that awards pertaining to Udaipur Conference (as it could not be held due to covid restrictions) as well as for current Mysuru Conference will be distributed on 16th Nov in the evening function as planned.
14. Given the change of membership of EC and CC, it was recommended that new WA groups shall be formed with Group admins being Current President, AISCCON, Secretary General and Finance Secretary. All members were urged to maintain decorum on the WA groups and post constructive and positive comments on the group. Specific individual issues, comments and complaints shall not be posted on WA groups which are being created for official purposes.
15. The Secretary General and Finance Secretary were authorized to take the necessary decision in respect of salary raise for Nerul office Admin Shri Lahu Aware ji & tally accounting remuneration.
16. Road map for next three years for AISCCON: AISCCON President, Shri Vishwasrao Bhadane explained his vision about growth of the organization in terms of increasing the patrons, increasing the affiliated bodies and also getting increased funding through CSR route from corporates. He also suggested that every EC and CC members shall strive to get at least five patrons every year and every EC member shall make list of corporates in his state / district and approach them with appropriate projects to get CSR funding from the corporates. He would be holding meetings with individual EC members to chalk out necessary plans for the same.

17. Information about additional affiliates that have completed joining formalities over the last few months and have informed about appointment of their representatives on Central Council.
18. The following bodies have requested for affiliation and have completed the necessary formalities: i. Association for the Welfare of Senior Citizens (Jammu)- Representative on CC – DR Shashikant Goswami. ii. Varishtha Nagrik Samaj Kalyan Samiti, Ghaziabd – Representative on CC–Shri Hari Pal Singh. iii. Senior Citizens Welfare Association–NewDelhi – Representative on CC–Shri Ashok Prabhakar. iv. Karnataka State College Teacher’s Pensioners Association Bengaluru–Representative on CC-Dr N K Nashi. It was decided that these bodies shall be granted affiliation with AISCCON and their representatives be accepted on the Central Council.
- Shri. Shrihari Shidhaye, Secretary General.











STATES SCAN
Chattishgarh



वरिष्ठ जन सेवा शिविर में आदिवासियों के साथ अध्यक्ष छत्तीसगढ़ वरिष्ठ नागरिक कनफेडरेशन श्री देवरस।

Goa



आंतरराष्ट्रीय ज्येष्ठ अॅथलेट श्री रामनाथ देसाई (डिचोली गोवा) यांचा अखिल गोमंतक क्षत्रिय मराठा समाज संघटनेतर्फे गोव्याचे मुख्यमंत्री डॉक्टर प्रमोद सामंत यांच्या हस्ते, या समाजाचे इतर मंत्री आणि आमदारांच्या उपस्थितीत भव्य सत्कार करण्यात आला.

Maharashtra



Aiscon President Principal Vishvasrav Bhadane with Senior Citizen Prof. Colony Sangh, Dhule.

Odisha

Paschim Odisha Baristha Nagarik Mahasangha





National Legal Awareness program for Sr Ctns at Athamallick and Health Camp at Jharsuguda.
-- Shri. Prahallad



ଯୁଥ ଉମଙ୍ଗ ୨୨ ଉଦ୍‌ଘାଟିତ ନୟନକାନନ ୨,୧୧,୨୨ ଶିରିଡ଼ି ସାଇ ସଞ୍ଜ ଆଶ୍ରମ ଓ ଜରା ନିବାସ ଆନୁକୂଲ୍ୟରେ ପଚାଶ ଟି ସାଇ ମନ୍ଦିର ରୁ ୨୦୦ ଜଣ ଯୁବ ସାଇ ସେବକ ଯୋଗ ଦେଇ ,ମନୁଷ୍ୟ ଜୀବନ ର ଲକ୍ଷ୍ୟ ମାନବିକତା ଓ ବରିଷ୍ଠ ନାଗରିକ ମନେ ଦେଶର ରତ୍ନ ଶୀର୍ଷକ ଆଲୋଚନା ଚକ୍ର ଅନୁଷ୍ଠିତ ହୋଇଥିଲା ଏହି କାର୍ଯ୍ୟ କ୍ରମ କୁ ପଞ୍ଚିତ କୃଷ୍ଣ ଚନ୍ଦ୍ର ନନ୍ଦ ଶର୍ମା ଉଦ୍‌ଘାଟନ କରିଥିଲେ, ଗାନ୍ଧିକ ବସନ୍ତ ନାୟକ ମୁଖ୍ୟ ବକ୍ତାରୂପେ ଯୋଗ ଦେଇ ଥିଲେ ଓ ସଂମାନିତ ଅତିଥି ଭାବରେ ତୃତୀୟ ମଧୁମାଧବ ଜେନା ,ଶ୍ରୀ ଯୁଗଳ କିଶୋର ସାହୁ ,ମାୟାଧର ନନ୍ଦ,ବାଗ୍‌ମାଶ୍ରୀ ଶୋଭାକର ଦାସ ପଡ଼େସିଂ,ସୁବାସ ଚନ୍ଦ୍ର ପାତ୍ର, କୃପାସିନ୍ଧୁ ଷଡ଼ଙ୍ଗୀ ,ରବୀନ୍ଦ୍ର ପାତ୍ର ପ୍ରମୁଖ ବହୁ ମାନ୍ୟ ଗଣ୍ୟ ବ୍ୟକ୍ତି ଯୋଗ ଦେଇଥିଲେ ମୋତିଭେଟଡ଼େ ସିକର ପଞ୍ଚିତ ସୁଦର୍ଶନ ଦାଶ, ଲୀନା ଦତ୍ତ, ନିରୋଦ ରାଉତ ,ଯୁବ ସମାଜ କୁ ଦିଗଦର୍ଶନ ଦେଇ ଥିଲେ ଏହି ଅବସରରେ ପାଞ୍ଚ ଜଣ ବରିଷ୍ଠ ବିଦ୍ଵାନ ବ୍ୟକ୍ତି ଶ୍ରୀ ବସନ୍ତ ନାୟକ କୁ ,ଦିବ୍ୟ ଗୁରୁ ସଂମାନ, ଯୁଗଳ କିଶୋର ସାହୁ କୁ ,ବରିଷ୍ଠ ରତ୍ନ ସଂମାନ , ପଞ୍ଚିତ କୃଷ୍ଣଚନ୍ଦ୍ର ନନ୍ଦ ଶର୍ମା କୁ ଶ୍ରୀଅରବିନ୍ଦ ପାଠଚକ୍ର ସଂମାନ ,ଓ ଶ୍ରୀ କୃପାସିନ୍ଧୁ ଷଡ଼ଙ୍ଗୀ କୁ ଜ୍ଞାନ ଦୀପ ସଂମାନ ଓ ପଞ୍ଚିତ ପଦ୍ମଲାଲ ତ୍ରିପାଠୀ କୁ ଉତ୍କଳ ରତ୍ନ ସଂମାନ ରେ ଜରା ନିବାସ ତରଫରୁ ସଂମାନିତ କରାଯାଇଛି ଓ ବହୁ ଗରିବ ଲୋକ କୁ ଖାଦ୍ୟ ଓ ବସ୍ତ୍ର ବ୍ୟାୟାଜି ଓ ସମାଜ ସେବା ଦିଲ୍ଲୀପ ସାହୁ ଜୟ ଜଗନ୍ନାଥ ପରିବାର ର ଜଗନ୍ନାଥ ଦାସ ମଞ୍ଚ ପରିଚାଳନା କରିଥିଲେ ,ବରିଷ୍ଠ ଆଇନଜୀବୀ ସିଦ୍ଧାର୍ଥ ଦାସ ଧନ୍ୟବାଦ ଦେଇଥିଲେ ଓ ଶେଷରେ ଜରା ଆଶ୍ରମ ର ତ୍ରୈତ୍ଵ ବରିଷ୍ଠ ଆଇନଜୀବୀ ବିଜୟ କୁମାର ପାତ୍ର ସମସ୍ତ କୁ ସାଧୁବାଦ କଣାଇଥିଲେ

--Jugal Kishore

RBU hosts get-together of senior citizens



**LK BANSAL
MOHALI, NOV 1**

A get together for members of the Senior Citizens Association of Mohali was organised at the Rayat Bahra University at the initiative of Vice-Chancellor Dr Parvinder Singh. A large number of members participated in the meeting and were warmly welcomed by the authorities. They enjoyed playing

various games, sang songs and enjoyed lunch. Members of the association were all praise for the university administration for the initiative and goodwill gesture. Brigadier JS Jagdev, President of the association, praised the Chairman of the Rayat Bahra Group of Institutions Gurvinder Singh Bahra, Vice-Chancellor Dr Parvinder Singh and Prof AS Chahal.

रयात बाहरा यूनिवर्सिटी में सीनियर सिटीजनों की सभा करवाई



भारकर न्यूज़ | रोपड़

रयात बाहरा यूनिवर्सिटी के वाइस चांसलर परविंदर सिंह की पहल पर मोहाली सीनियर सिटीजन एसोसिएशन के सदस्यों की सभा का आयोजन किया गया। इस मौके परिसर में पहुंचने पर यूनिवर्सिटी प्रबंधन की ओर से सभी सदस्यों का स्वागत किया गया। यूनिवर्सिटी परिसर में हुई बैठक में बड़ी संख्या में सदस्यों ने भाग लिया। उन्होंने

विभिन्न खेल खेले, गीत गाए और दोपहर के भोजन का आनंद लिया। एसोसिएशन के सदस्यों ने यूनिवर्सिटी प्रशासन की पहल और सद्भावना की सराहना की। इस मौके पर एसोसिएशन के अध्यक्ष ब्रिगेडियर जेएस जगदेव, रयात बाहरा ग्रुप ऑफ इंस्टीट्यूट्स के चेयरमैन गुरविंदर सिंह बाहरा, वाइस चांसलर डॉ. परविंदर सिंह और प्रो. एएस चहल की इस पहल की सराहना की।



Senior Citizens Association, Bassi Pathana.
Monthly meeting of the Association was held on 27th November, 2022 under the chairmanship of Mr. Harnek Singh President.
-The meeting urged the Govt to start Old Age Home in the Distt and Day Care Centre in Bassi Pathana for Senior Citizens.
-The members congratulated Mr. Mehar Singh, our Executive member, for completing 42 KMs run in Daily World Marathon Chandigarh on 6/11/2022 and Mr. Harnek Singh, President for securing 2nd Runners Up award in 5 KMs run in Hero Electric One Race Half-Marathon Chandigarh on 20/11/2022.
-The birthdays of Mr. Parshotam Bansal and Mr. Lachhman Singh Taraura were celebrated with cake, sweets and gifts.
-The memb



SCC Bathinda:



Honourable Sh Boota Singh VC of Maharaja Ranjit Singh Uni Bti released Magazine Sandli Mehkan Part-2



Council members enjoying the award announcement by AISCCON



Council Members reciting Gurbani Shabad in Gurudwara Sahib Qila Mubarak



Council members with Rabta Students to celebrate Children day



Sangeeta Sodhi in red dress gifted the Cycle to Khushbu in Saffron T-Shirt

SCC Rajpura:



A seminar on 6th Nov., addressed by District Traffic Police Incharge Ms Pushpa Devi.



--Winter sports

SCWA Ludhiana:



1. In response to Dr. Naurang Singh Mangat, Founder and President of Managing Committee of Guru Amar Das Apahaj Ashram Sarabha, donations amounting to Rs. 1, 53,000 were received from SCWAL members, and were handed over to Dr. Mangat in the Ashram on 10th November. In March this year also, our members had contributed Rs. 3, 75,000 to the Ashram. --- Shri. S.P. Karkara, Life Patron, SCWA.

2. Arranged a Family Get together and Fashion Show on 19th Nov. with about 130 participants. Stage



Secretary Dr. I M Chhibba arranged a game of Tambola by Brig. (Retd.) Mastinder Singh SM and Mrs. Balbir Kaur, followed by Welcome Address by Mrs Neelam Khosla, President. There were songs by Mrs Neelam Khosla, Er. Sukhminder Singh, Er. Manmohan Singh and Mrs. Balbir Kaur. Then there was a music –cum –dance programme of about 40 minutes – ‘Fashion Show and Journey of Bollywood’ with SCWAL Life Patron Sh. S P Karkara’s brief

introduction of Dr. Amrit Khosla, Director of Oyester Institute of Beauty and Wellness who conceived it and Mrs. Bindiya Sood who choreographed it. Dr. (Mrs) Tanya Mahal, Mrs. India Worldwide First Runner Up 2022 and Mrs. Sonal Bharija, a Management Expert from Delhi as special guests. At the end, Er Balbir Singh, Chairman thanked all.

श्री रघुनाथ अस्पताल में बुजुगा का

बीमारियों से बचाव के लिए किया जागरूक

स्वस्थ शरीर ही अच्छी सेहत का राज : कृष्ण चंद गुप्ता



सीनियर सीटिजन वेलफेयर ऑर्गेनाइजेशन के सदस्यों का स्वागत करते प्रधान कृष्ण चंद गुप्ता व अन्य। (सबलो)

लुधियाना, 26 नवम्बर (सोन्): श्री रघुनाथ अस्पताल अग्रनगर में बुजुगों को बिमारियों के बचाव के लिए विशेष जागरूकता कैम्प लगाया गया। अस्पताल सोसायटी के प्रधान कृष्ण चंद गुप्ता ने ऑर्गेनाइजेशन की अध्यक्ष नीलम खोसला, एस.पी. करकरा, बलवीर सिंह, सुरेश चौधरी आदि सदस्यों का स्वागत किया। इस मौके पर मैडीकल सुपरिटेण्डेंट डायरेक्टर डा. मोहनजीत कौर, आर्थो के डा. राहुल गुप्ता, साईक्रिटिस डा. जसप्रीत सिंह ने बुजुगों को बिमारियों से बचने के लिए कई तरह के सझाव दिया।

– Shri. S P Karkara



A medical camp was organised by **SCC Mansa**, in collaboration with Dr Goyal's Path Lab, on 10th Nov. in Khalsa Senior Secondary School Mansa. Council's president S.Bikkar Singh thanked the doctors.



Annual games in **Nabha** on 20th Nov.

Rajasthan



महाराणा प्रताप वरिष्ठ नागरिक संस्थान की ओर से रा प्रा विद्यालय मौकात नठारा तह सराड़ा , उदयपुर

- Shri.Vardhan M.



भीलवाड़ा भास्कर 07-11-2022

वरिष्ठ नागरिक मंच की मासिक बैठक में काव्यपाठ का आयोजन



- Shri .Madanlal Khatod



Om Enclave Welfare Society sthapna diwas and Diwali Sneh Milan Samaroh, along with felicitations for Birth days and marriage days, with songs and dances.

- Shri Shanker askandani 7977921037

Tamilnadu



Probus Club of Chennai, a senior citizens organization, celebrated Children's day on 26th Nov. to bridge the gap of seniors and younger generation at The Vinobha hall, Thakkarbaba School (started by Mahatma Gandhi). Probus award of excellence and all rounder awards were given. Fancy Dress competition was conducted and prizes were given. The Chief Guest was Ms Shanthi, Principal, Adarsh college, Annanagar. – Shri.Namasivayam RT <namasivayamrt@gmail.com>

**Telangana
Generosity in Walkers International**

The other day, Walkers International Annual Conference, where there is a strong presence of senior citizens, took place. I have represented in it as Deputy Governor 301 and also as President of ASRAO nagar Walkers Club. During this program, two persons donated 10 lakh rupees for Indra MGF award and one person 5 Lakhs for Kubera MGF award and many others donated each Rs. 75,000 or 50,000 or 30,000 or 10,000 as MGF awards. This shows how people are generous and spontaneous in donating for good causes.

--Dr. G. NageswaraRao, Vice President, Aasara, GHMC

Medical Assistance in Lahiri OAH

On behalf of the R.N. Mital Trust, Sri. B. Omprakash has invited Dr Babu Rao physician and visited Lahari, an old age home, on Sunday 20th Nov. The doctor interacted with the inmates of the OAH and assessed their health conditions and found out details from Miss. S. Radhika in charge of the Home. He gave his cell number to contact on any emergency for advice. He assured to conduct health check up every month and agreed to do so with a nominal amount per visit & for health check up of all inmates. His conveyance expenses would be paid extra. The R.N. Mital Trust assured to cover these expenses. Further, the cost of the generic drugs which he may prescribe will also be paid by the Trust.

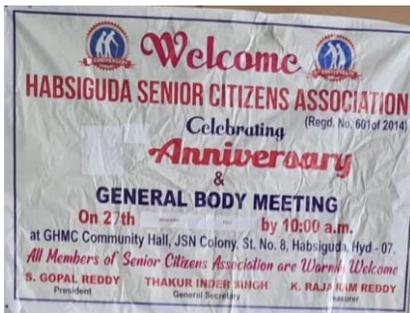
-Shri. B.Omprakash <omboddu@yahoo.co.in>

Telangana All Senior Citizens Association conducted the district level conference at Jawahar Nagar Senior Citizens Association, Moula Ali, Hyderabad on 3rd Nov. The President Sri P. Narasimha Rao, General Sec. Sri Satyanarayana Chaudari, attended as chief guests and said that the Day Care centres need to be established in all the divisions in the city. The Association's representatives Sri Mutyam Reddy, Subba Rao, Madhusudan Rao, Venkatappayya and others participated. – Shri. KJ Swamy <kjswamy48@gmail.com>

Create a Dementia Friendly Society

Ms. Sadia Hurmuz of ARDSI Hyderabad Deccan Chapter invites people who want to make a difference in dementia care, to become a member and help us to create a Dementia Friendly Society. To know more: 91211 06681.//www.ardsihyd.org/contact_us.html. Visit: <http://tiny.cc/MembershipFORM>; ardsihyd@gmail.com; Website: ardsihyd.org

-- Shri. Mohammed Turab, 9004528557



From: Sri S.Gopal Reddy, president and Sri. Thakur Inder Singh
General Secretary Habsiguda.

Gulmohar Journalists' Colony Senior Citizens Forum's Influenza Vaccination Camp on Saturday, October 8th . under the guidance of Dr Lalit Kant who gave a two-page paper on influenza to be given to each person.



A troupe of dancers from Jharkhand adept in the Seraikella genre of Chhau on October 12. It is a semi-classical dance of eastern India with martial and folk traditions that enacts episodes from epics including the Mahabharata and Ramayana, local folklore, and abstract themes. The name may have been derived from Sanskrit, Chaya (shadow, image, or mask). Some link it to Chadma (disguise) and others suggest it's derived from Chhauni (military camp, armour, stealth) in Odia language. It is performed in three styles, one each from Jharkhand, West Bengal, and Odisha. Masks form an integral part of Chhau dance in Purulia and Seraikella styles. It is traditionally an all-males troupe and is mainly performed during festivals.

- Shri .Subhash Saluja, *Secretary*, 09811939379 gulmoharseniorsforum@gmail.com

Uttarakhand



Shehjaar Center at Haridwar arranges a program named "KuchchToBoliye" on each Wednesday to encourage elderly to bring out many things which they have in their vast store of experience but unable to get the forum.



A two-day health camp with Sh Chaitanya Guruji expert on Marm chikitsa, Acupressure, nutrition and diet. Helped about 20 patients.



At AISCCON 20th National conference in Mysuru. 12 members of Senior citizen Forum & Shehjaar Homes Haridwar, including 5 ladies. Sh M K Raina Director Shehjaar and V P AISCCON was falicitated on dias by Pujya Swamiji. The technical session” CSR & Elder Care” was Chaired by ShSarvesh Gupta President Senior Citizen Forum Haridwar. ---Shri. Suresh Palgay

West Bengal

YNM ANNUAL MEET:2022-23

9th Nov 22 at Kalyan Ashram ,HelpAge India, Chetla Office at 2-30 PM



1. Attendance :-l Guests, VNM Advisors, Member Organisation Reprs, Indv. Memebrs & Help Age Associates:

- Dr. Arunagshu Talukdar, HOD Reg.Geriatric Centre Medical College, Kolkata.
- Dr. Nimai Chandra Mondal A D HS, (NCD-1, Health & Family Welfare, Govt. of WB)
- Dr. Indrani Chakraborty, Director Calcutta Metropolitan Institute of Gerontology
- Smt. Sharmila Majumder, Territory Headd, Eastern Region ,Help Age India,Kolkata
- Smt. Anuradha Sen, Director Advocacy HelpAge India, Kolkata.
- Dr. Ashok Poddar, Chairman Podder Seva Trust
- VNM President & Executive Members
- All Representatives of the Different Member Organisations of VN M & Help Age India .

1. Booklet(NPHCE) Fitness guide for Elders. Dr. Arunagshu Talukdar and Dr. Nimai Ch. Mondal of West Bengal Govt. Health & family Welfare Dept., handed over of the Booklets "FITNESS GUIDE" (Bengali) to VNM Secretary for distribution. It is a valuable guide and a must to all Senior Citizens. Dr. Mondal mentioned about the importance of the Booklet.

2. Address by HOD Regional Geriatric Centre, Medical College: Dr. Talukdar emphasized the Geriatric state of affairs of the country and the challenging job done at Medical college with 30 bed geriatric set up with all modern amenities for the Sr. Citizens free of cost. This special hassle free OPD facilities available under a single roof in the hospital.

3. The meeting continued with the performance of various member organizations and concluded at 5-30 with vote of thanks and refreshments to all.

VSARISHTHA NAGARIK MANCHA

-Shri. SR Chakraborty, Secretary VNM

All India Senior Citizens' Confederation

Jyestha Nagarik Bhavan,

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