The famous saying goes as “well begun is half done”. While we have number of initiatives yet to be started and completed, we have begun with new enthusiasm as well as new spirit of team work. The positivity among all members at AISCCON office, office bearers and the ones spread across many states is quite visible and palpable.

The six months period between October 2022 and March 2023 was busy period with several initiatives and activities that would impact AISCCON in short term as well as over the long term period. This update highlights some of the major initiatives and also describes the new direction that is being setup for AISCCON, under the leadership of President Shri VK Bhadaneji. We strongly believe that with these new initiatives, new direction and new enthusiasm, we are firmly on the way to accomplish the objectives and vision of AISCCON that would benefit millions of Seniors across the country.

Formal Meetings: Executive Committee Meetings at Mysuru, Nerul and Sambalpur. Central Council Meetings at Mysuru and Zoom Online Special Session. All the meetings were conducted with timely meeting notices followed up by minutes of the meetings to all the concerned. All the meetings were conducted with appropriate quorum, decorum and ensuring that tasks are completed while everyone gets a chance to participate.

A Three-person internal committee was formed to audit the past financials of AISCCON in the month of Sept- Oct 2022. This was done to clarify queries/ questions raised in the past. The committee constituting of Shri VK Bhadaneji, President, Shri Annasaheb Tekaleji, Vice-President and Shri VN Murtyji, Vice-President, studied the accounts of past years including physical FD receipts and submitted their report about satisfactory financials with no negative observations.

Events: National AISCCON Annual Conference at Mysuru in Nov 2022. This was conducted successfully with around 1500 persons. More than 10 well-organized and well conducted technical sessions helped members to improve their understanding of various areas around seniors and their well being. Experts from various fields were invited for lectures on important topics. Also 13 important resolutions were adopted by the Conference that are being used to convey the challenges
facing seniors. These resolutions are being used while meeting Central and state ministers as well as MPs and MLAs to highlight the challenges faced. All the Executive and Central Council members were allotted badges with AISCCON emblem bearing individual names and designation. This was created as part of group identity and number of colleagues from EC and CC appreciated this step of recognition.

•Vardhapan Divas (Annual Day) for AISCCON was celebrated at Nerul on 28th Dec 2022. Shri D N Chapkeji chaired the session. EC as well as CC members and several other local seniors attended the session. Talks focused on current work done by AISCCON and also future path for this organization. The formal function was followed by entertainment program by Shri Dilip Khannaji. Later in the evening, on the invitation of Shri Prakash Lakhapateji, AISCCON also participated in the program conducted by Nerul Jyesth Nagrik Sangh. This function was in remembrance of famous Marathi poet Shri VV Shirwadkar.

•On the invites of various state federations, AISCCON President and other office bearers including Shri Shrihari Shidhayeji (Secretary General), Shri Ankush Jambhaleji (Finance Secretary), Shri Namdeo Rao Dafalji (Joint Secretary ATP) participated among various state federation programs. The programs include like 8th Annual Day Function of Jyestha Nagrik Sangh, Olkawadi, Lonavla (Dec 2022), Paschim Odisha Barishta Nagarik Mahasangh, Sambalpur (Odisha) on 22nd Feb 2023, Mahila Session, Durg, Chhattisgarh on 24th Feb 2023, Mahila Session, Nanded (FESCOM) on 19/20th March 2023 and Rajasthan State Session at Jodhpur on 9th April 2023. Shri Tahalu Sahuji and Shri Prabhulad Mahapatraji and Shri Sadan and Sonbarsha Ji were hosts for the Sambalpur, Odisha function where as Shri Namdeo Rao Dafalji was host for function at Lonavala. It was hosted by Smt Yamala Sahuji, Shri Damodar Mudafareji, Shri S.N. Patilji, Smt. Mateshwari Sahuji, Smt. Vedvati Madaviji and Shri Ramrao Dokeji, while the function at Nanded was hosted by Shri Ashok Terkarji, Shri Jaywant Somwadji, Shri. Anasaeheb Tekaleji and Shri Anjuman KhanJi, under guidance of Shri Arun Rodeji (FESCOM). The State level function at Rajasthan was hosted by Shri Bhanwar Seth ji, Shri Madanlal Khatodji and Shri Raj Narayan Singhji. The idea of this kind of participation is to meet people from different states, explain about AISCCON and its agenda, share the developments taking place around us, enlist their support and participation towards AISCCON activities.

Visits: The most notable visit was to Delhi in the month of March 2023. President Shri VK Bhadaneji and other office bearers of AISCCON, visited Delhi for 4 days. The members who accompanied in this visit included Vice President Shri VN Murtyji, Vice President Shri Sagaram Sreedharji, Vice President Shri MK Rainaji, Secretary General Shri Shrihari Shidhaye, Secretary Finance Shri Ankush Jambhake ji, Dr Shri GP Shaikhji, Joint Secretary, Shri Namdeo Rao Dafalji, Joint Secretary ATP, AISCCON Nand Central Council member Dr Shri Tahalu Sahuji Important meetings were held with several MPs and ministers including Railway Minister and Minister of State for Social Justice and Empowerment. The purpose of this visit is to present our Mysuru resolutions to each of these individuals and seek their support. e.g. with railway minister the single point agenda was restoration of railway concessions for seniors. We believe our efforts will start bearing fruit in near future and our visit is also helping to establish AISCCON as eminent body representing interest of Senior Citizens across the country. We had requested all the states to submit copies of our resolutions to their state ministers and MPs/MLAs. Number of states have completed this and have sent copies to Nerul for our information.

Organizational Changes: to get more inclusiveness, driving on the path of AISCCON vision. No task can be achieved by one single person and team work amplifies our abilities to achieve our
vision and objectives. We have formed 18 AISCCON Committees to drive the vision and programs of AISCCON. They have been announced and approved at EC as well as CC level.

Some of them have taken the lead and have started their work already. Twice in a year, the updates will be provided about their work to EC and CC.

Expansion of EC Membership: to more co-opted members to make the EC more inclusive and representing interests of wider group of people across the states.

Constitutional amendment work has been initiated to ensure that some of these organizational changes are incorporated suitably and submitted to Charity Commissioner with post-approval of EC and CC. All filings were done in timely fashion regarding Income Tax and Charity Commissioner’s office. Old notices of Income tax are being followed up / replied suitably. Follow up is being undertaken with Charity commissioner for ensuring that name changes happen around executive committee and other members. The changes that have happened over the last two decades are still awaiting approvals. This is being vigorously followed up over the last 6 months. President Shri VKBhadaneji, Secretary General Shri. Shrihari Shidhayeji, Finance Secretary Shri. Ankush Jambhaleji, Joint Secretary ATP Shri Namderorao Dafalji and AISCCON Office Admin Shri Lahu Awareji visited the office of Charity Commissioner for this work. Repeat follow up are being under taken by Shri Ankush Jambhaleji and Shri Namdeorao Dafalji.

Building Financial Muscle for AISCCON: We have managed to add more members under various categories. The amount received from additional members is Rs.2,77,500/-over the last 6 months. We have also managed our expenses very appropriately and our quantum of FDs have gone up from Rs 1.13 Cr to Rs1.19Cr. Finance Committee, under chairmanship of Shri Dilip Pawarji, with special focus on obtaining donations from HNI (high net worth individuals) is being formed and have initiated work in this direction.

Circulation of AISCCON Monthly News: It has been proposed in EC Mtg. held on 22 Feb 2023, Sambalpur, Odisha, that Hard Copies of AISCCON Monthly News will be circulated to every member.

We continue to remind ourselves that this is just a good beginning and we will have to work together as a team to do a lot more and to achieve a lot more for our community of Seniors in India. Ending this short update with famous line of Robert Frost: „„” I have promises to keep, And miles to go before I sleep, And miles to go before I sleep.”

Shrihari Shidhaye Secretary General ,AISCCON
Prin. Shri VKBhadane President,AISCCON

--- Shri. Shrihari Shidhaye, Secretary General

AISCCON on FaceBook
All India Senior Citizens' Confederation- AISCCON has just gone live on FaceBook. Please click on the link, like the page and also follow the same. Today, several seniors use FB to remain connected and our presence on FB will be to ensure yet another easy way to keep updated, publish our news / updates and also get opinions of our members. Look forward for your participation.
https://www.facebook.com/profile.php?id=100091727333009

--- Shri. Shrihari Shidhaye, Secretary General
Economic Dependency among the Elderly in India: Need for a Comprehensive Geriatric Financing Policy

“India observed a higher level of financial dependency among the elderly population along with the high gender and state-wise disparities. Policy changes and programmes must pay attention to the unique needs and situations of the elderly, particularly the poor.

Population ageing is an inevitable global phenomenon associated with the improving healthcare system and economic well-being of the nations. In India, declining fertility, increasing longevity, and better control of chronic diseases have risen dramatically in adults aged 60 and above, in absolute and relative terms. This demographic shift presents a wide range of complex, social, and economic challenges, today and in the future. India observed a higher level of financial dependency among the elderly population along with the high gender and statewise disparities. Policy changes and programmes must pay attention to the unique needs and situations of the elderly, particularly the poor.

Population ageing is a global phenomenon and a growing challenge for both developed and developing countries. The World Population Prospects (2019) report in 2020 states that 54 countries are classified as aged societies. Most of them are in the developed countries (72%), while another 42 predominantly emerging countries (79%) are expected to be ageing. As a result, the number of countries immediately concerned by population ageing will increase significantly from 96 in 2020 to 147 in 2050, that is, more than three quarters of all countries and around 87% of the global population.

Globally, there were 703 million older persons aged 65 or above in 2019. Eastern and South-eastern Asia was home to the largest number of the world’s older population (260 million), followed by Europe and Northern America (over 200 million). The global number of older persons is projected to more than double in the next three decades, reaching over 1.5 billion persons in 2050. The number of persons aged 80 years or above is projected to triple, from 143 million in 2019 to 426 million in 2050.

India observed a higher level of financial dependency among the elderly population along with the high gender and statewise disparities. Policy changes and programmes must pay attention to the unique needs and situations of the elderly, particularly the poor. “

Laws of the Land, Acts of Injustice for Senior Citizens

The socio-cultural changes associated with globalization and development have weakened the Indian traditional values and family support systems for senior citizens. So, horrific instances of neglect, exploitation, crime, abandonment, grabbing and thrown out from properties are gradually increasing day by day. Of course, there are provisions of social welfare in our Constitution, National Policy for Older Persons and the law through the Maintenance and Welfare of Parents and Senior Citizens Act, 2007. We find several loopholes and setbacks which are the reasons for sufferings.
Constitutional Provision, a Law without teeth: The Govt. Policy, however, tends to look at the elderly as a drain on resources, as a group that is economically non-productive and has no contribution to make to national development and economic growth. The thrust of the policy has been to prevent vagrancy and destitution among the elderly. It has fixed narrow limits on the number of elderly who will be supported. Again problem lies with its enforcement. Article 41 is not enforceable in a Court of Law, it may not be possible to compel the State through judicial process to ensure the essentials of the senior citizens. Another biggest impediment is the lacking of strong direction. As always, the Policy of the Govt. is directed solely toward political and vote bank considerations. At least, they could have included the provisions in Article 41 in the list of Legal Rights.

National Policy for Older Persons, A Simple Declaration formulated on 13th January 1999 just to keeping with the national constitutional provisions as well as the United Nations Resolution to observe 1999 as the International Year of Older Persons. Following 12 years of its implementation, it was revised with a New Policy, in 2011: > A meagre amount is given towards old age pension to the poor and this has not been enhanced for decades together. > Tax concessions and exemptions on certain heads are modified and the introduction of the New Regime in Income Tax Rule will one day take away all the benefits now available to senior citizens. > Taken away Railway Concessions given to seniors citing false pleas during Covid time in March, 2020. > Nothing has developed in areas, particularly for geriatric, mental healthcare and Parkinson’s problems. > Shelter. No adequate number of old age homes for helpless seniors. 10 per cent of houses in Govt and Pvt housing schemes is never implemented. > Senior Able Citizens for Re-Employment in Dignity-SACRED, a Scheme much advertised is simply a declaration. > No free legal aid nor any provision for quick disposal of litigations. > There is no specific recommendation which can address the particular incidences of widowhood and socially disadvantaged situations. > Additional interest on Bank deposits allowed initially one per cent is now reduced to 0.50 per cent. > Health Insurance for senior citizens at an affordable premium isn’t yet there. GST @ 18% is imposed on health insurance premiums.

Flaws Hobble Senior Citizens Act, 2007: There is an (Amendment) Bill, 2019 introduced in the Parliament on 11.12. 2019 and more than three years passed; it is not yet passed in Parliament.
> Definition of relative is still ambiguous. > Legal practitioners are not to be hired by the claimants.
> Many of these acts and measures are poorly implemented with minimal awareness among service providers and users alone. > There is a lack of awareness and stigma. One in five older people are aware of the social security and legal measures available. Besides, elder abuse is significantly underreported due to fear of legal hassle and underlying stigma. > Homecare services are not defined in the Act. > There are also limitations in access to justice living in Old Age and Destitute Homes. > Not to mention the additional plights that older adults with memory issues and mental health problems face.

Kofi Anan, Former Secretary-General of the UNO says: “Senior citizens, despite their number, collective wisdom and experience will continue to be ignored and marginalised unless they unite”. Senior citizens, first should get united and then demand from Govt. the rights to which senior citizens are entitled. The most priority for them is to get amended the provisions in Article 41 as legal rights, make mandatory for implementation of provisions in National Policy for Older Persons and amendment of Senior Citizens Act, 2007 to a stronger one which can provide financial security, welfare and protection to senior citizens.

by Sri. Raja Kishore Samantroy, Jt. Secretary, FOSCAO, BBSR. Mob: 8249672021
Opinions of the Readers:

Shri. N.K. Agarwal: My complements to Dr. Rao V.B.J. Chelikani who has so nicely brought out in his write up on elders “Why An Association for Elders? in the last issue, on various aspects of living an elderly life and the problems and various issues associated with it.

It is not that the elders do not understand many of these things, the main problem is that living for almost 4 decades in a particular way, makes them a little less flexible to change/mend their ways. While the elders would like to have their say, the youngsters want to live their own life in the way they want. Another important factor amongst ladies is that the daughter-in-law has come from a different family having lived and got used to living a certain way, which may not exactly match with the mother-in-law's way. She wants to have more freedom to lead her life. The son gets divided between the two and can't side with anybody. This is a very major issue in the households for disharmony.

In my opinion, the best solution is that both parents as well as children should live separately and lead their own life the way they want. Good Old Age homes could be one solution. Unfortunately, there are only a handful of good Old Age homes and they are quite expensive too. The condition of most old age homes is just pathetic. Aiscon has to maintain their push with the Government to provide for good Old Age homes.

Reflections on Old Age-1

What is Old Age?

There is no general agreement on the age at which a person becomes old. In fact, understanding the very process of ageing is very complex and it is never complete. We notice that age very much depends upon the levels of human development and social development. Human behaviour has never been entirely conditioned by age as much as it does in other creatures in nature. At all periods in human history, there have been individuals and communities that have managed to defy this phenomenon, which we can nevertheless accept as ‘natural’. However, with more knowledge about the functioning of the body and mind, and by personal discipline and willpower, one is able to postpone getting old, as much as possible. Seniors are different depending on their personal lifestyles and depending upon the society in which they live. However, these differences are only of degree and not of kind. Nothing is fixed about being a senior; not even one’s way of dying. Further, now we need to further subdivide old age into the active phase and dependent phase in terms of healthcare services. The need for family and society is never more pressing.

Yet, not being able to participate actively in the family and in society marks the beginning of old age. Physically, older people experience a decline in muscular strength, reaction time, stamina, hearing, distance perception, and the sense of smell. They also are more susceptible to diseases such as cancer and pneumonia due to a weakened immune system. Programmes aimed at balancing muscle strength and mobility have shown to be reducing disability among mildly disabled persons. Broadly, expressions of love and affection depend very much upon the emotional and physical health of the individual, and the seniors, often forget that they have them in infinite quantity. Many elders continue to be active and satisfied with their sexual activity. Mental decadence may also occur, leading to dementia or ailments such as Alzheimer's disease. The average age for indications of dementia in males is 79 and 82 for women. It is generally believed that crystallised intelligence increases up to old age, while fluid intelligence which we call normal intelligence i.e. perceptual speed, inductive reasoning and spatial orientation, may decline.
Problems arise for seniors as well as for society when seniors are not aware of what is happening to himself or herself, and the limitations they are experiencing; and when they do not adjust his or her relations accordingly with others. One has to assume oneself by re-defining, re-designing and behaving according to one’s Self (body and mind) conditions. But, day by day, we are acquiring more understanding of the physiological processes of ageing, which is encouraging.

-- Dr. Rao V.B.J. Chelikani

Manual on Old Age Homes


This manual has incorporated much of the prevailing philosophy and practices followed in the UK, European Countries, S. Africa, USA, Canada and Japan on care homes as reflected in the literature available on them. Additionally, it has incorporated the information/data available from Indian experience collected from the reports and related materials on the subject. Actually, literature for the preparation of a manual required for old age homes is scanty for two reasons. No directory of old age homes either for India or for the States (except Kerala) exists. Old age homes in India cannot be compared to old age homes (called care homes) in the West. This is because care homes abroad are actually homes to which most of the residents go out of choice after making comparison. Admission seekers have their social security network and hence a sizeable part of the expenditure on their stay will be met from this fund. In India, old age homes are intended mainly for the poor and indigent and those who are abandoned/deserted/neglected by their families and those who have no other place to go. Hence, making a free choice of a home by the resident is out of question except for those who opt for pay and stay homes. The philosophy and ethos prevailing in old age homes in India is at best that of a welfare oriented management. To be sure, India has passed the stage of custodial care approach but has not reached the rights-oriented philosophy that runs care homes in western countries.”

--Forwarded by Sri. R.N. Mital, former president AISCON, Hyderabad

Dear All…The following further steps were concluded for CSR committee during the proceedings of Executive Committee meeting held on April 28, 2023. (i) Arranging a webinar in the month of May 2023 to brief about the objective and take aways from a proposed CSR workshop to be held in August, 2023 (ii) Organising a CSR workshop for three days in Hyderabad. The planned dates are August 07-08-09, 2023 (iii) Make efforts for entering into an MOU with HelpAge India for CSR. The invitation for participation in the workshop shall be extended soon after booking the venue for the workshop, hopefully in next two weeks. Telangana Federation shall be the host for this endeavour. The workshop material, lunch during three days and a cultural program for two hours in the evening shall be the gesture by AISCON HQ / Telangana Federation / Shri R.N. Mital and CSR Committee. The participants shall be encouraged to bring their own laptop for onsite hand on experience on CSR during the workshop. The cultural program shall be organised by Dr. Sobha and talents from the participants shall also be drawn for this activity. The participants and / or their respective associations shall be expected to bear the expenditure of their coming to Hyderabad and board & lodging. Shri Ramachandraiah jee of Telangana Federation shall assist in facilitating the arrangements at your cost for these requirements. More details shall follow. Please keep watch. Any one having advance queries, suggestions and or interested to be one of the faculty to address in a session for 60 to 90 minutes, you are welcome to write to us with your credentials / topic of relevance to CSR.

--- Best wishes….Manohar Baharani, Chairperson, CSR Committee.
Representatives of *Varishta Pourula Samakhya* and *Voice of Gajuwaka*, Mr. T.V. Nageswara Rao and Mr. A.V.N. Appa Rao met the District Collector and the RDO and requested them to provide a venue or place for the functioning of the above two associations.

**Meetings of the AP Senior Citizens Welfare Association**

Goa
"Jyesth Nagrik Sangh, Tarsali, Vadodara has completed the long journey of twenty eight years. The president Shri Vijay Veashvikar has also completed 25 years as President.
North zone Sr.Ctzn.Association, Nizampura, Vadodara welcomed the newly elected Mayor of Vadodara City Shri Nileshji Rathod.

A meeting of President and Secretary of all units of Age Care Federation at Vadodara on 23rd April. With 80 persons. *** Shri. Girishchandra, C C Member Cell..91 8320416681.

Karnataka

Mahaveer Manav Seva Trust in Bengaluru gives Medical Equipment at Zero Rent.
Founder of Spic-Macay, Padmashree Dr. Kiran Seth, founder Spicmacay, a retired prof of IIT Delhi 74 years now. Cycle expedition Kashmir to Kanyakumari was in Manipal, covering so far 7500 KM. 

----- Mrs. Padma Kini

M.P.

--- Shri. KK Birla
Maharastra

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Ravindra Gandhi <ravindragandhi2502@gmail.com>

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New Delhi

Meeting for collaboration with Mr J.R. Gupta, President President, Senior Citizens Council of Delhi & Chairperson, Confederation of Senior Citizens Associations of Delhi, an umbrella body of 18 lakh senior citizens, in his office by President Shri VK Bhadane, Shri M K Raina and Dr G P Shaikh of AISCCON as a follow up to the Delhi visit of the AISCCON representatives on 14th March.

--- Shri. Shrihari Shidhaye, S.G., Aiscon

Odisha

Senior Citizens Forum, VSS NAGAR, Bhubaneswar observed Utkal Diwas on 1st April at it's Bhawan with about 60 members. President Sri Krupasindhu Sahoo spoke on history of formation of the State and duties of the citizens for upliftment of Odia Language and the State as a whole. Noted linguist Shri Harihar Kanungo was the chief speaker on Jagannath culture. Vice President Er. A K Sahani thanked all.
Barista Bani, a e-copy is released on 1st April by Elder Recreation Activities-era, Bhubaneswar. will be despatched free of cost. Er.K.C.Sahoo, President, Elder Recreation Activities-ERA, 9437075625. www.erasindia.org.in

--- Dr. U.N.Sahu, Chairman, ERA

“The Aparanha”

On 7th April the Federation of Senior Citizens’ Associations of Odisha released its News Bulletin in presence of Minister, SSEPD Sj. Ashok Chandra Panda. In the GB meeting the Minister provided updates on the latest projects and programs for the welfare of senior citizens like the construction of Integrated Infrastructure Complex in all districts, the Multiplex Building at every Ward of BBSR and the addition of 5 lakh new senior citizens to Old Age Pension Scheme with sympathetic consideration for its enhancement. Also assured the Federation of his continued support and commitment. The 13 new Associations that recently affiliated to State Federation were felicitated by our honourable Minister. Presided by Dr Krupasindhu Panda, General Secretary Dr P K Das presented a detailed report. The Founder President and Advisor Sri Krupasindhu Sahoo were present on the occasion. The Working President Sri Pramod Kumar Pattanaik presented the demands of members to the Minister for his consideration. The program was coordinated by Joint Secretary Sri R K Samantroy, Vice President Sri Arun Kumar Mohanty, Jt. Secretary Indramani Nahak, Treasurer Sri Fagu Barik, Zonal Secretary Sri Basant Kumar Barik, Sri Uday Nath Nayak and Sri Kanak Banerjee. Vice President Sri Suresh Chandra Kar proposed a vote of thanks.
A seminar was organised for leaders of different senior citizens associations of Odisha on 18th April.
at Omm Nibas unit 9 in Bhubaneshwar. BK Geeta, Head Omm Nibas was chief guest. Durga Samantaray Advisor to Govt. of Odisha Tourism dept. was guest of honour. Other guests are Dr Chira Ranjan Khadenga and Bijay Das President Saswat Senior Citizens association, Patia. Dr Madhumadhab Jena President FOSCAO Presided and Dr Jugal Kishore Sahoo General secretary FOSCAO and many particepants spoke.

----- Shri. Jugal Kishore Sahoo 9437393049

The Foundation Day Celebration and AGB meeting of Paschim Odisha Baristha Nagarik Mahasangha on 21st April at Vikash Auditorium organised by Zilla Baristha Nagarik Sangha, Bargarh. Sj Suresh Pujari, Hon'ble MP, Lok Sabha, Sj D. Murali Krishna, Chairman, Vikash Group of Institutions had been the Chief Guest, Distinguish Guest along with Prof. Tahalu Sahu, President, Sj Prahallad Mahapatra, Secretary General of POBNM and Sj Pramod Jhankar, President, Zilla Baristha Nagarik Sangha, Bargarh in the dias. As proposed by Advisors Sj Bikram Bohidar, Sj Rakshyakari Bishi and Sj Amulya Ku Pati and delegates from all the districts of Western Odisha. Prof Tahalu Sahu, Sj Prahallad Mahapatra, Sj Kedarnath Mishra have been elected as President, Secretary General and Treasurer along with other Executive Committee Members for the year 2023-25.

---- 8984116768
Activities of Zilla Baristha Nagarik Sangha, Bargarh during April, 23.

-- Shri. Prahallad Mahapatra, Secretary

Panjab
A Baisakhi Eve Family Get-together was organized for members of Senior Citizens Welfare Association Ludhiana (SCWAL) on 8th April with 125 members, with two special guests Mr. Kuldeep Ahuja and Mrs. Kamlesh Gupta. It was anchored by Mrs. Kamlesh Gupta.
--- Shri. S P Karkara

--- Shri. Jarnail Singh

Mrs Parkash Kaur Ahluwalia LM 1379 received "Women of Substance" Award on International Women's Day in March from CMA at CII Hq. Northern Sector CHD.
On World Heritage Day, President Mrs. Satwant Kaur along with V.P. H S Khurmi, Gen sec Jagtar Bhangoo, Dr Parvinder, Dinesh, Makhan Singh, Chanan Singh and a total of 24 members, visited Maharaja Duleep Singh Memorial Bassian Kothi on invitation from SSP Ludhiana M S Sidhu. Special respectful audience was given by DC Ludhiana Surbhi Malik and SDM Kohli.

-- Shri. Jarnail Singh
सीनियर सिटीजन सोसाइटी महानगर मीटिंग | बैठक की अध्यक्षता अमृतपाल गोयल, सीनियर उपाध्यक्ष राजेन्द्र प्रसाद सिंगला, कार्यकारी महासचिव जीसी गोयल, पूर्व अध्यक्ष मुकेंद्र सिंह सेवक ने की। --- "टेटेकैप्पस"
Senior Citizens Summer games by Seniors Citizens Council Rajpura under the Presidentship of S. Baldev Singh Khurana.

Senior Citizens Welfare Association Patiala celebrating Earth Day, where the IDFC bank officials distributed plants to the members.

Annual function 2023 in SCWA, Patiala on 20th April, in which senior citizens units Nabha, Samana, Urban estate, Patiala and Barnala were the guests. Fedsen prof. R. K kakkar was guest of honour and Mr. Dharminder Tiwari A.G.M. of SBI joined us as chief guest.
Bathinda:

Chanting of ‘Khalsa mero roop hae Khas’ by Jaspinder, Paramjit, Jaswinder and Usha. Gatka was performed by young girls of Sardar Hari Singh Nalwa Gatka Akhara, trained by Jathedar Jaskaran Singh. Homage was paid to Havildar Mandeep, Sepoy Harkrishan and Sewak Singh, Kulwant Singh Lance Naik.

Rajasthan

Rajasthan State Senior Citizens Conference on 9th April at Jodhpur
Principal V K Bhadane President AISCON was the chair person. Dr Sulabha Devidas Kuvar Aisccon Vice President, Mr Ankush Jambhale Aisccon Finance officer, Mr Namadevrao Dafal Aisccon joint Secretary were present. Organizers are: Mr Bhavnar Seth, Mr. Madan khatod, Mr Jaynarayn Parihar, Dr Om Kumari Gahelot and other Committee members.

---Madanlal Khatod

---Shri. Madan Khatod, Prades Mahamani
53rd Foundation Day of ISTD Kota Chapter organisation at Hotel Surya Kota in the presence of national president Miss Anita Chouhan. --Shri. Shankar Askandani
वरिष्ठ नागरिक फोरम की मासिक आमसभा अपनी ओम एनक्लेव वेलफेयर सोसाइटी। संस्था अध्यक्ष डी एस माधुर ने कार्यक्रम की अध्यक्षता साधी को सौंपी।

-- Shri. Shankar Askandani.

Telangana

HelpAge India | Fighting isolation, poverty, neglect

HelpAge India Foundation Day Celebration
28th April, 2023
Help Age India, Hyderabad on Digital Safety

In New Maruthinagar Senior Citizens Association

Hayat Nagar Central Senior Citizens Welfare Association in cooperation with Google in Hyderabad


At Karimnagar: Mr. Mohan Reddy, Ex.MLA and Mr. Samudrala Janardhan Rao President Karimnagar District Senior Citizens Association also addressed the participants.
At Peddapalli, Mr. Jeevan Raju, President, Peddapalli District Rtd Employees Association also spoke.

22 elders at the Hindustan Aeronautics Limited Senior Citizens Welfare Association, where Mr. P. Ramachandraiah, Secretary- AISSCON addressing the participants.

At the Sachivalaya Nagar Senior Citizens Welfare Association with 25 elders.

Bhavani Nagar Senior Citizens Welfare Association with 35 elders

---- Sri. Kj Swamy kjswamy48@gmail.com
On 10th April, a Demands Memorandum was given in the Collectorate office, Nampally Hyderabad to the D.R.O. by Sri. Thakur Inder Singh, President TSGREA, Hyderabad, Dt. Branch Badichowdi, Sri V.Lakshamaiah JAC Chairman Pensioners Asso. Telangana, Sri A. Rajender Babu Treasurer AISPF, Sri R.Vishwas Reddy, Vice Chairman AISPF, Sri A.Ganga Reddy State Treasurer, Sri P.Ramchander Reddy Treasurer and 10 Units. JAC members and Federation members attend the Nirasana Disksha by the retired employees.

--Sri. Thakur Inder Singh, President, TSGREA

Games & Yoga classes by lady members in Senior Citizens Welfare Association, 3rd Phase, KPHB, Kukatpally, Hyderabad.

----- Mr. GPK Rao, 9494557601

Visits to the 80+ at their door steps.

Alwal Senior Citizens meeting --- Sri. NH Sastry.
Potti Sriramulu Telugu University has awarded Kirthi Puraskaralu to 23 eminent people who distinguished themselves in various fields that enriched the society. Among them is Dr. Gelli Nageswara Rao for Social Work. Present on the occasion are Prof. Tangeda Kishen Rao, Dr. Ayachitam Sreedhar, President Rashtra Grandhalaya Parishad, Sri. Vuchidi Mohan Reddy, former MLA, Mrs. Nagachandrika Devi, Prof. Bhattu Ramesh, Dr. Ringu Rammurthi and others.

Association of Senior Citizens of Hyderabad Lions Club of Twin Cities G.S. Binjrajka Trust Day Care Centre for Elders

Smt. Dr. Shobha Perindevi Gurajada, Sri. C. Shankar Rao, V. Shashidhar Raju, Smt. Neelam Sandhya, Dr. P. Vyasamoorthy, M. Surendra Kumar, M. Seshagiri, Prof. Kantha Reddy Bathini, N. Anjaiah, Om Prakash B, V. Satyanarayana, Smt. Y. Pushpa Latha are elected as AOSC EC members. The management committee awarded Prof. Visweshwarayya Memorial award to Dr. G. Nageswara Rao, Vice President Aasara Central Committee GHMC, Hyderabad by the daughter Smt. V. Vaijayanthi of Sri. Visweshwarayya.

Uttarakhand

* A big recognition for Shehjaar Homes on 9th April. --- Shri. M.K. Raina
* Senior Citizen Forum Haridwar: visit of Senior Ex General Manager BHEL to our Day center at C50 shivaliknagar.
* Shri. Premchand Agarwal Minister, Govt. of Uttarakhand was presented with the annual “Surabhi” magazine by secretary Sh. P P Dhasmana.
*Weekly Kuchhhiboliye on 20\textsuperscript{th} April with 28 members.

*Mrs. Sadhna Raghav, Geeta Premi as the key speaker on 25\textsuperscript{th} April.
International Good Will Society of India in support with Senior Citizen Forum organized a blood donation camp in Chinmaya Degree College on 25\textsuperscript{th} April.

--Compiled by sureshpalgay, Mob 9837889942

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**All India Senior Citizens’ Confederation**

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