Notice is hereby given that an Executive Committee Meeting of AISCCON will be held on Friday 28th April 2023 at 11.30 am at Goa. All EC members and Special Invitees are requested to please attend.

**AGENDA**

1) To read and confirm the minutes of the Executive Committee meeting held at Sambalpur22nd Feb 2023
2) Discuss Delhi Visit of March 2023 and next follow up steps. Also review the letters sent by various State Affiliates to their respective MPs highlighting AISCCON Mysuru resolutions and request to take up topics related to Seniors at appropriate forums.
3) Discuss about AISCCON Delhi office proposal and approve the expenditure as well as arrangement towards the same.
4) Inform about formation of AISCCON Committees and about their proposals sent by them for respective committee working. Discuss their budgetary requirements and approve the same as appropriate.
5) Discuss about Annual AISCCON Conference location and other details including formal understanding between AISCCON and local organizations on various issues. Discuss learnings from Mysuru conference.
6) Present and approve Income and Expenditure for the Q4 of FY 2022-2023 and also for the entire FY 2022-2023. Also present the status on FDs as of end of FY 2022-2023
7) Inform EC about the initiatives and the work done in the last 6 months; Oct 2022 – March 2023 so as to keep them updated
8) Discuss about attendance of EC members for EC meetings and also their contribution towards AISCCON agenda.
9) EC members to bring updated data for their states about number of affiliates / institutions who have been members of AISCCON as well as their membership details.
10) Review new memberships and affiliates added over the last 6 months and plan for coming months. Especially review additional members brought in by every EC / CC member
11) Any other subject with permission of the chair.

Shrihari Shidhaye
Secretary General

Principal V K Bhadane
President, AISCCON
Why an Association for Senior Citizens?

III. Elders for Elders:
A. How to be an Elder?

It is no more possible to divide life into four aashrams as in the past. It is now to be divided further into childhood, adolescence, youth, adult, senior and super-senior. As life in modern times is long and intense, time counts for everybody, not only for the family and society. In general, at each phase, a person has to understand its implications in social relations. One cannot behave uniformly; particularly so in Indian society, which is undergoing a fast transformation. Though most of the current seniors have not had the experience of such social intensity in their own lives, now, they have to recognise and take into account the pressure of this intensity in the minds of other members of the family, particularly while dealing with the younger family members, who are living around. We have to see the children and grandchildren not anymore as dependents who needed your protection and authority but as autonomous persons who would like to take their own decisions. If you want them to listen to your advice, you have to make friends and cooperate.

a). The State of Mind: The moment a person retires or stops treating the job as the most stressful work of the day, only then one should start considering himself as an elder, but not based on age. There is a genetically-installed biological clock which tells that one is getting old and there are certain handicaps or limitations in our physical and mental faculties that begin to appear and that they would go on aggravating rather than disappearing in the coming years. In some, it might remain subtle and in others, it might appear more visible. Thus it is a phase, when we have to start making special efforts to keep our physical and mental faculties intact, as most of the faculties begin to diminish; but not necessarily and not immediately. However, one should remain aware of one’s limitations in moving, hearing, seeing and understanding, etc. If we are not aware of our shortcomings, we are likely to put those around us and particularly those in the family into embarrassment and difficulties. They will be tired of our presence and would try to avoid us, if possible. These symptoms of difficulties in family relations are attributed to the gaps between the generations.

In general, anything new would provoke anxiety and fear in the mind and we are tempted to express them and talk about them immediately. It is more so with the super-seniors. New situations cause anxiety and fear, instead of inciting our curiosity and readiness to explore. The rest of the aggravated traits of a senior might resemble early symptoms of an Alzheimer's patient, whether we would like to acknowledge it or not. When one is not able to control these symptoms, it is better to consult a doctor. Every elderly person should expect this to happen naturally and there is no need for panic. When others point out these inconveniences or lapses, we should not deny them outright and, instead one should readily admit them.

(i). However, some researchers have identified some positive aspects of this ageing process too. It appears that our ability to foresee future situations is faster and that we can synthesise the issues that come up before us, more harmoniously. Our advice to others should be more inspired by this harmonising faculty. The Buddha teaches this as the right attitude. We become more capable of and more willing to express our sentiments of affection, compassion and love towards others beyond the narrow family affinities.

Modern researches in sciences, particularly in biological sciences and the applications of genetics-related and other medical technologies to them, tend to show that we can wipe out completely this ailing phase of ‘super senior’ from the life cycle. One can remain an elder forever!

b). The Question of Respect: Born as we are in traditional societies, it is strongly imprinted in our minds that we are to be respected, ipso facto, i.e. as we are; without any need for reciprocation,
since we are seniors by age. But today, in human relations in an emerging democratic society, we should not expect to be respected for our age. We have to get respect for what we are as an individual based on our demeanours, our appearance, our language and our behaviour. Respect, you cannot command as in the past; you have to earn it now.

Relations within the family as well as outside the family, all human relations are not going to be hierarchical, any more. In the context of any existing structure or establishment, you might still be obliged to show respect for the higher hierarchy; but that remains, nevertheless, an acknowledgement of obedience and inferiority. No human being is less respectable. In a society that is fast democratising itself, all are equal in dignity and in social status, and we should learn to treat and cooperate with each other as friends and teammates. You should still receive and show respect but in a democratic spirit. Neither your race, caste, religion nor your age gives you any superiority over others, automatically. The blood is composed in the same manner for all; it is neither thicker nor blue in colour. You are the other and the other is you; Thou art That, as in the Taittiriya Upanishad. The English word ‘you’ conveys this universal spirit.

--Dr.Rao V.B.J. Chelikani

A Contribution to G-20 Discussions

(Shri. Manohar Lal Baharani had an opportunity to attend the G20 event held in Bhopal on January 16, 2023 and gave a note to Prof. Sachin Chaturvedi, Vice Chairman, Atal Bihari Vajpayee Institute of Good Governance)

“Following the recent G-20 vision of honourable Prime Minister of India, the healing can be achieved by bridging the gap between “saying” and “doing” on fossil fuel…while aiming at net Zero, we continue to give subsidies and construct even new fossil fuel based thermal power plants!!!.. Kyoto Protocol emerged as binding but CER prices crashed by market forces…now NDC under Paris Agreement are under low surveillance…. G20 being the countries accounting 75% of GHG emissions will have to look at themselves collectively to find the holistic solutions for containing the GHG emissions by adopting to the climate benign technologies for low emission development trajectories in coming decades. The Indian vision for net Zero by 2070 is a very low ambition with respect to the Paris Agreement, reflecting low priority towards climate change concerns. Net Zero vision itself is a end of pipedream, I believe. The holistic process for advancing vision will require addressing the issues in its entirety…commencing from closure of coal mines, rehabilitation & resettlement policies, power generation sector restructuring, requisite changes in transmission, distribution and load dispatches and capacity building for sustainable operation of renewable energy projects. The renewable energy is an intermittent and variable in nature so poses a number of challenges for its harnessing and usage. It also calls for a number of regulatory and policy changes to promote. A multi-disciplinary task force from G20 countries could be formed to act as a think tank, share best practices of each other countries and come out with a comprehensive document on how to advance the ambition for net Zero targets…. “

--- Shri. Manohar Lal Baharani B.E. (Electrical) & PG Dip. Env. Law, Accreditation Team Member - UNFCCC Secretariat, Empanelled Technical Expert - Quality Council of India. e-mail: manoharlal.baharani@gmail.com. +91 8319723072 Bhopal.
Old Age Homes in India

This is to bring to your kind attention that social values are changing. Joint family system has almost disappeared at many places. The nuclear families are not really equipped to take care of the seniors in the house, financially or otherwise. The seniors also are not adjusting to the situation and thus the friction is increasing. High quality senior citizen homes and communities are the need of the hour. Instead of resisting them, efforts should be made to make them pleasant and efficient. Further, it is better to part as friends and keep in touch with each other in the family, rather than to stay under one roof and become bitter enemies.

Firstly, I would be very grateful to you if you could do the needful at the earliest, as we are in need to updated the list of all old age homes all over India on the website .There is one website, but it is not working and it shows Chinese messages. https://pensionersportal.gov.in/SeniorCitizenCorner.aspx

Secondly, Is it possible to include all Old age home owners in our Federation? Our Association should open free membership for Old age home owners, who wish to have a forum, and a voice to reflect on, to discuss and comment on issues affecting the Indian society today. Our associations should provide opportunities to meet and engage with old People in the Old age homes and also promote standardisation of Best Practices.

--- Shri. Bharat Parekah, 8779967110 Mumbai

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Special Meeting of the Central Council

AISCCON Zoom meeting on 19th February was chaired by President, AISCCON, Shri Vishwasrao Bhadane, attended by: Shri. V.K. Bhadane, Shri K.S. Sahoo, Shri Sarvesh Gupta, Shri Shrihari Shidhaye, Shri Prakash Lakhapate, Shri Lalchand Jain, Shri Manhor Lal Baharani, Shri MK Raina, Shri Tularam Patel, Shri Vivek Deshpande, Shri Dilip Pawar, Shri MSRS Prakash Rao, Shri Sampatraon Avhand, Shri BB Dixit, Shri Nandlal Banerjee, Shri KK Birla, Shri Prabhakar Kapse, Shri Arun Rode, Shri Ankhush Jambahle, Shri KS Sahoo, Shri Annasaheb Tekale, Shri SP Karkara, Shri S. Mondaih, Shri KC Sahoo, Shri Avinash Lakare, Mrs. K. Girija, Shri Prahallad Mahapatra, Shri Murlidhar Nikale, Shri Suresh Pawar, Smt. Sagaram Geeta, Shri Tahalu Sahu, Shri Madan Lal Khator and Mr. KK Gaur, Ajmer.

Item No 1- Shri S.P. Karkara and Shri K.K. Birla suggested to send proposals to the Govt. on rail concession and subsequently action to be taken for demonstration at Delhi. Further, Shri Annasaheb Tekale has commented that there is no any provision made by the Govt. in the present budget. Resolution No 1/ 19.02.2023: It has been resolved that, every state has to prepare letters to the Govt. on rail concession and subsequently, follow up on the same and if necessary action to be taken for demonstration at Delhi.

Item No 2- Implementation of MWPSC Act-2007 across various states. Dr. G.P. Shaikh, suggested to amend MWPSC Act-2007. There are a huge number of cases pending in various states and these are required to be settled by submitting Janhit Yachika to the Govt. He also suggested that, amendment in same Act of Police department. Mr. K.K. Birla suggested to prepare letters regarding amendment of MWPSC Act-2007 by every state. Resolution No 2/ 19.02.2023: It has been resolved in the meeting that, every state has to prepare letters to the Govt. on MSPSC Act-2007.
Resolution No 3/ 19.02.2023: It has been resolved that 18 (eighteen) Committees formed by AISCCON have been approved by Central Council. It was informed that the committees will have to submit their objectives, plans and initiatives for the next three years to the President and Secretary General for records within one month’s time. It was also informed that every committee will have to present their work update / progress to the Central Council at least twice a year. Central Council was appreciative of the efforts and approved the formation of committee as well as processes to be followed.

Some other topics were raised: Mr. D Parthasarathi, IRS Legal Committee, member suggested to nominate other member in lieu of him. Mr. Avinash Lakare, Chairman Research & International relations mentioned potential challenges for getting grants for Bill Gate/Milind Gate foundation but has committed to try these organizations for the cause of seniors. He also mentioned that approval from Govt. is required under FCRA. Mr. Madan Lal Khator Finance Committee, member : Mr. Omprakash Hingad, Member of Gerontology is not a member of Rajasthan Federation. He is a member of AISCCON as Chief Patron. He suggested his name not to be nominated in any committee. Dr. TVS Rao, Member Research & International relations He suggested that, name of person who is familiar with Socio Economics may be considered in the committee.

He will suggest the name. Mr. A. Ranga Rao, IRS, ChairpersonMedia & Personal Relation suggested all committee members names to be circulated with their mobile numbers and E-Mail IDs to each respective committee. Mr. K.K. Gaur, Ajmer, Rajasthan showed interest in joining suitable committee, if possible. Mr. Bhanwar Seth, VP suggested that name of Mr. K.K. Gaur, Ajmer, Rajasthan may be considered in a desired committee. Further, he also suggested old members viz. Ex-President, Past Secretary General and other ex-Executive members of AISCCON may be considered in AISCCON Committee.

AISCCON Delhi Visit

Several issues relevant for Senior Citizens need the urgent attention of the Central Government. AISCCON has been adopting and publishing resolutions post Annual National Conferences every year. Similarly, in the last year Mysuru conference held in Nov 2022, 13 resolutions were adopted by AISCCON and published. But this year under leadership of President Shri V K Bhadaneji, AISCCON decided to reach out to the political audiences at Delhi and highlight the issues articulated in Mysuru conference. It was realized that mere publications of resolutions would be inadequate and hence Delhi visit was thought as very important.

Participants: Delhi visit was successfully completed between 13th till 17th March, 2023 under leadership and active involvement of President and other office bearers. The team included President Shri VK Bhadane ji, Vice President Shri V N Murty ji, Vice President Shri Sagaram Sreedhar ji, Vice President Shri M K Raina ji, Secretary General Shri Shrihari Shidhaye, Secretary Finance Shri Ankush Jambhke ji, Central Council members Dr Shri Tahalu Sahu, Dr Shri GP Shaikh, Joint Secretary and Shri Namdeorav Dafal ji, Joint Secretary ATP AISCCON.

Meetings with MPs: The team had meetings with various MPs and senior politicians like Shri Sharad Pawar (Maharashtra), Smt Supriya Sule (Maharashtra), Shri Chandrasekhar Sahu (Odisha), Shri Suresh Pujari (Odisha) and Dr Bhamare (Maharashtra). In addition the team could meet Shri Ashwini Vaishnaw, Minister of Railway of India, Shri Ramdas Athawale, Minister of State of Social Justice & Empowerment.
With all MPs, we could explain various issues faced by Seniors and could also explain our resolutions to them. Idea was to get their commitment for raising the issue in Parliament and other forums as relevant. In most cases, this meeting served to familiarize these members with our issues and also impress upon them that AISCCON is a body that represents more than 30 lakhs members across the country. We plan to follow up with these individual MPs through letters and mails in coming days so as to ensure that the issues are not forgotten.

**Meetings with Ministers:** With Railway Minister, we had only one point agenda related to railway concessions restoration. He heard us and also provided Government justification behind this decision. But he also assured that this issue is under active consideration and some appropriate action would be initiated. In case of Minister of Social Justice and Empowerment, post our meeting, he discussed the matters with relevant officials and have given necessary instructions to bring up these issues at relevant forums within the department. In addition to these meetings, letters were given at Shastri Bhavan for Dr. Virendra Kumar, Union Minister of Social Justice and Empowerment and two senior bureaucrats from his ministry highlighting the issues faced by seniors.

**Media Briefing:** AISCCON President and office bearers had media briefing where more than 10 publications and news channel were present and President as well as others briefed them about problems faced by seniors and purpose of our Delhi visit. We requested them to give adequate publicity to these issues.

**AISCCON organizational development:** Besides meetings with these MPs and ministers, President also had meeting with Shri. Ashok Prabhakar ji who is member of Central Council is based in Delhi. With Shri Ashok Prabhakar ji, the discussions about Delhi office were conducted. More details around this proposal would be discussed in the next EC meeting for appropriate decision making. This will help us resolve long pending open issue of Delhi office for AISCCON.

The other important meeting was with Shri Guptaji, who heads and represents the largest body of Senior Citizens for Delhi and NCR. They claim to have membership of around 18 lakh members. While forgetting the differences of the past, Shri Bhadeneji and Shri Gupta ji have decided to have collaboration between two organizations. The collaboration would be focused, to begin with, around common programs while reaching to the central government. Two organizations put together represent 50 lakh senior citizens and can create significant impact while dealing with Central Government. To conclude, Delhi visit was fruitful with several relevant meetings and also for setting up right networks for future benefits. This beginning would have significant impact for the organization and also for movement of seniors.

With Shri Ashwani Vaishnaw, Minister for Railways in his Office at Rail Bhavan
With Sri Suresh Pujari, MP, Lok Sabha, Bargarh, Odisha

With Hon’ble Minister Mr Ramadas. A memorandum is given to Dr Subhas Bhambare, ex Minister & M P

Press conference in Delhi on 14th March.
7th March: **Ananthapuram** Mrs. Sridevi, singer and teacher receiving the Humanitarian award from Manam Foundation.

On 5th March, 200 persons attended a Health Camp organised by Lions Club and Bengaluru Netralaya.  
-- Sri. Kambaduri Shaikh Nabi Rasool

Requesting for Railway concessions  
-- Sri. N. Muni Gopala Krishna, **APSCWA**, General Secretary.  
**APSCWA**, Madanapalle, Annamayya Dist.

--- Sri. K Madana Mohan Reddy, President
APSCWA at Eluru: Sri V. Narayana Murty, Vice President, State President, Sri K. Rama Chandra Rao, Jt. Secretary & Sec. Gen. gave a representation to Hon’ M.P Sri Kotagiri Sridhar, Eluru. --
Sri. V. Narayana Murthy W.G. dt.

Kurnool SCA: Sakuntalamma of Rayalaseema Mahila Sangham is being appreciated by SCA President Sri. Sahadeva Reddy, Secretary Dr. Nagaraju. Treasurer Sri. Christopher, Sri. Ratna Reddy, Sri. Chandranna, Dr. Baleswaraiah, Dr. Jayaprawaash, Sri. Lakshmann, Sri. Paparao and others. --Butta Foundation: 8332918999: buttafoundation77@gmail.com

Krishna District SCA

Krishna District SCA Secretary Sri. Mothukuri Venkateswara Rao and Treasurer Sri. Davuluri Sambasiva Rao meeting the Member of Parliament Sri. Kesineni Sreenivas (Nani) regarding the seniors’ issues.

Mamatha Old Age Home in Seetharampuram Vijaywada: Sri. Anil Kumar, the manager receiving rice, walking sticks, wheel chairs, etc. from the Krishna District SCA Sri. Mothukuri Venkateswar Rao, Advocate P. Ramu, Help Age India Sri. Venkata Rao and A.D. of the Dept. Sri. Ram Kumar.


---- Sri. KV Anjaneyulu - 91 98481 44800.
Visakhapatnam District SCWA: President Sri. Ch. Venkatarao, Sec. Gen., Sri K. Mangapati Org. Secretary Sri T.S. Prasad (Hetu) and Sri Rammohan chief patron met Sri MVV Satyanarayana MP.

--- Sri. K. Rama Chandra Rao


VDSCWA and other senior citizens associations in the collector’s office with the officials of the Dept. for the Welfare of the Seniors. --Sri. TV Nageswara Rao, Gen. Sec., Varishta Pourula Samakhya, Gajuwaka

A.P. SCWA, Vijayanagaram District has given a memorandum to Hon'ble M.P. Sri B. Chandra Sekhar.
Chattisgarh

Holi, IWD and Digital Safety for the senior citizens were observed by Balco Nagar Korba and Chhattisgarh state confederation on 3rd March. Mrs Aarti Soni and other active female workers were felicitated for their efforts during Corona vaccination.
Goa

Mrs. Marta Mascarenhas is felicitated.  

---  Goa SCA, Mr. Diogo M Da Costa

Gujarat

Medical Camp by Khatodara Vibhag Senior Citizen Jan Seva Trust in Surat.

Karnataka

Women's Day flower arrangement and vegetable carving competitions; honouring a social worker, a female police inspector and a female cremation-ground managing lady.  

--  Mrs. Padma Kini
Demands of the Seniors to the Maharashtra Government

I. A letter to Mr. Eknathji Shinde Saheb, Chief Minister:
1) In all buses of ST Corporation, 50% discount should be given for seniors who have completed 60 years, up to 75, and 100% discount for 75 years should continue.
2) Financial benefit schemes should be started at least Rs 3000/- per month for those who completed the age of 60 years, by canceling the poverty line condition.
3) A separate ministry should be started for senior citizens.
4) Mahatma Phule Jan Arogya Yojana not only for senior citizens below poverty line but also for all seniors.

--- From Mr. Annasaheb Tekale & Mr. Arun Rode, Pune on 28th Feb.

II. Later, in the budget session, the Dy. Chief Minister & Finance Minister, Shri. Devendra Fadnavis announced:
1) Financial benefit plans increased by Rs 500/ to Rs 1,500/ per month.
2) Promulgate a comprehensive policy on women's sarees.
3) 50% discount is being applied to women in all buses of ST Corporation.
4) In Mahatma Phule Jan Arogya Yojana the limit has been increased up to 5 lakhs.
5) Medical facilities will be provided for senior citizens.

--- Shri. Arun Rode President Fescom Maharashtra
More than 400 members of Fescom Pune Reg. Division and Daund-Shirur Taluka Senior CCC attended a "Grand Gathering of Senior Citizens" at Shri. Kshetra Bormalnath Devasthan Trust, Boripardhi, Kedgaon - Chafula, Yedhe. President Shri. Chandrakant Mahamuni, Secretary Hanumant Kumbhar Guruji, Liaison Secretary, Dr. Pandurang Lad, Org. Secretary Shri. Balasaheb Gaikwad, and District Judge, Shri. Hanumant Dhumal of Dilip Deshmukh National Helpline were present.

At Pune in Dr. Kotnis Hospital with female doctors, nurses and female patients by giving them roses and sweets by President Arun Rode, Pune President Chandrakant Mahamuni, Deshpande Madam, Nanawada SCA President Ramesh Andhyal and EC members.

--- Shri. Arun Rode President Fescom.
JNS, Nerul on the birth anniversary of our Bhishmapitamaha, late DR. S.P. Kinjawadekar & on the occasion of IWD gave 12 Hirakani Samman Patras to ladies who excelled in their own fields.

Dr Nitin Deshpande of Ramkrishna Netralaya has donated several items worth Rs. 20,000 to the Physiotherapy Centre.

--- Shri. Prakash Lakhapate, Vice Chairman JNS.

--- Shri. Prabhakar Gumaste, Vice Chairman JNS.
On the occasion of **Gudhi Padva**, a new Senior Citizens Organization took birth at **Thane**.

--- Advocate Pramod Dhokale-9820680788
हाहीती गरेब - श्री याज्ञा शुभारंभ 12 मार्च 1930 को समर्पित अमृत याज्ञा दिवस के उपलब्धि के माध्यम में. मंचासीन
राष्ट्रपति पुरस्कार प्राप्त है। ती सहजी वै गीता दाधी , अंतरराष्ट्रीय लोक कलाकार अलका दुलारी
जैन कर्मयोगी एवं प्रसिद्ध नायका दीपा ,अग्नि भाग्यव  , चंद्रेंद्र और नाना गुरुभान सिंह से सम्मानित
रूप से सम्मानित होने का गरेब प्राप्त किया।

--Shri. Shankar Askandani-7977921037
11th March: श्री डॉ. पौल राजेराव ने बताया कि समस्त साधनों के अलावा सदस्यतयों के मनोरंजन के लिए श्री डॉ. राजेराव के संस्कृति कार्यक्रम का संयोजन व संचालन राजनाभरण व मंच संचालन की थी। इसका अर्थ है कि वे साधनों के संस्कृति कार्यक्रम का संयोजन व संचालन राजनाभरण व मंच संचालन की थी।

--- Shri. R K Gupta, General Secretary, VNSS Ghaziabad
SCWS Beherasahi, Nayapally, FOSVAO’s workshop on Digital Safety by Smt Debashree Bramha and her team from HelAge India. The Secretary Sri Khageswar Sethy, President Sri Aswini kumar Debata, Working president Sri R K Samantroy and Sri Ranjit Sahoo, Treasurer were present.

Athgarh Budhijibi Baristha Nagarik Sangh organised its 23rd Annual Function with Sub Collector, Athgarh. FOSCAO’s President Prof. Dr. Krupasindhu Panda was the Chief Speaker; General Secretary Dr. P K Das and Jt. Secretary R K Samantroy were Speakers with Sri Bishnu Mohan Das Samant, General Secretary, Cuttack Baridtha Nagarik as guests. Others who spoke were: Smt. Sasmita Rout, Athgarh NAC Chairman and Cyber Crime Expert Er. Lingaraj Sethy, Shyam Sundar Nanda, Hemant Mohanty, Udaya Nath Satapathy, Ashok Das and Brahmananda Lenka.

Mohali SCWA: Closing ceremony and prize distribution of 11th March during late S. Amarjit Singh Khehra memorial annual sports.
SCC Rupnagar celebrating IWD on 15th at MC Hall. Chief guest was Addl. Dy. Commissioner Madam Harjot Kaur. Director Nankana Sahib Education Trust, Director Guru Nanak Dev Engg. Ludhiana, Dr Gira Raninga Hira PCMS -1 Eye Surgeon were guests of honor.

--- Er. Karnail Singh President

President Satwant Kaur and Vice president HS Khurmi, Gen secy Jagtar Bhangu Org secy MS Mavi, Dr Parvinder and Kiranpreet have planned a trip to 28 members of Sr C C Bti.

--- Shri. Inderjit Singh Sidhu

FEDSEN’s President Sh H.S. Mand, Sh. G. S. Chhina Exec. President and S. Inderjit Singh Sidhu, Sec. Gen. had a meeting with Sh. Manish Tiwari, MP.

--- Shri. Inderjit Singh Sidhu
Annual outdoor sports activities held by SCA, Patiala. IWD and floral Holi by SCWA, Nabha.

SCA Barnala activities:

SCWF Batala, under the Presidentship of S. Sukhwant Singh Gill, a function to pay homage to martyrs, S Bhagat Singh, Rajguru and Sukhdev on 19th March.
SCA Mansa: a function to pay homage to martyrs, S Bhagat Singh, Rajguru and Sukhdev.


Women’s day on 26th March: Paramjit Bhangoo and Naresh sang a Shabad and Jaswinder spoke on how important women’s role is. V.Pres K S Maan. Gen Sec Jagtar Bhangoo briefed the house on trip to Patna Sahib by members of Bathinda.

45 members of Senior Citizens Council Rajpura under the Presidentship of S Baldev Singh Khurana have visited Sri Kartarpur Sahib in Pakistan.
SCWA Ludhiana’s AGM: in Rotary Bhawan, Sarabha Nagar on 25th March, with homage to who have expired in 2022-23 by MOC Dr. S S Gill and welcome by President Mrs. Neelam Khosla. Vice President Er. R S Behal then got new edition of Members’ Directory released, followed by honouring of donors. Guru Amardas Apahaj Ashram Sarabha gave financial aid to a needy old lady and a needy college girl. Life Patron Sh. S P Karkara congratulated President Mrs. Khosla and her team for good work done in year 2022-23. --- Shri. S.P. Karkara

Rajasthan

Memorandum to Shri. Arjun Lal Meena, M.P. in Udaipur by Shri. Bhanwarseth.
Telangana

Alwal SCA: Handing over daal, oil, rice, biscuits along with cash of Rs.5,000/- to Sri. Venkata Reddy, Director, Integrated Welfare Society, ‘Sai Sudhakar Home’ in Quthbullapur in Medchal district.
ASCA Health Camp on 15th March in collaboration with Excel Hospital & Saran Dental Care. Dr. Lingam at 84 and other doctors are felicitated with shawls. --- Sri. Soundareswar, President - ASCA

Telangana SCA, KothGudem Dt. celebrated the IWD at their premises.

ASC- Hyderabad has instituted an annual Sarala Mital Memorial Award to remember Mrs. Sarala Mital, wife of Mr. R.N. Mital (97), former President of AISCCON. The award consists of a Momento, a Citation and Rs 25,000 cash. This year, it is awarded to Smt Byram Sharadha Devi of Kamareddy district, who along with her husband Shri Byram Rajanna, rtd. District Judge, are running an old age home with 29 inmates, including the 90+ and where immobile and the bedridden are admitted.

AIRRF
Shri K. Malla Reddy, Sec. Gen. Tescon accompanied by Smt S. Geeta, Org. Secretary, Smt, Bharati, Smt Kalyani, Smt Sujathamma, members invited Smt. Mothe Srilatha Shoban Reddy, Dy. Mayor, GHMC for IWD, organized by Tescon. Shri S. Sreedhar. National President, AIRRF and Vice President, AISCCON coordinated the events.
Mrs. S. Geetha, Org. Secretary, Telangana SC Confederation organised the IWD in Indira Mahila Bhawan in Malkajgiri, where the President, Sri. P. Ramachandraiah has honoured several ladies and also distributed gifts. Others who participated, include Sri. S. Sreedhar, President AIRRF, Sri. N.R.C. Raju, Messrs. Girija and Krishna Kumari, Tescon Sec. Gen. Sri. Malla Reddy, Treasurer Sri. Dayanand and Sri. Satyanarayana.

The Telangana State Govt. Pensioners Association, Saleemnagar Malakpet had conducted its AGB on 26th March in Sai Nagar Senior Citizens Seva Samithi, Chaitanyapuri under the presidentship of Sri M. Bharath Reddy. The quarterly magazine “Pensioners Paradise” was also released. Sri Saleem, Secretary, Sri Y. Sitaram, President of Karimnagar Unit and the president of Rangareddy district participated in the program.

--- Sri. Katta Sudershan Reddy, Member, TSGPA, Hyd. kattasr2@yahoo.co.in

Govt. Retired Employees and Senior citizens of Habsiguda’s 18 Colony members, 61 of them undertook a one-day tour on 20th.

--- Shri. Thakur Inder Singh, Habsiguda
HelpAge India

HelpAge India distributed the Assisting devices under Project Sugamya to Surakshana Old Age Home in Hyderabad in the presence of Sri. Pratap Reddy, In-charge President-TASCA and Sri. Madhusudan Rao, President, R.R Dist-TASCA.

--- Sri. Suresh 9959599050

Under the Project Sugamya, Help Age India is distributing walkers and wheel chairs, etc. at Aleti Atom and Surakshana Old Age Homes (Hyderabad), Mamata Old Age Home (Vijayawada), Swarnadhar Old Age Home (Rajahmundry) and Cherla Suseela Old Age Home (Nidadavole) in March. They have also distributed wheel chairs, tripods, walking sticks, walkers and clutches to about 300 people in Visakhapatnam, Pochampalli, Choutuppal and Patancheru. On 17th March, V-Guard distributed wheel chairs, walking sticks, walkers and foldable toilet commodes to about 100 handicapped persons in Nallagutta (Secunderabad) area.

--- Sri. K.J. Swamy

Uttarakhand

SCF Haridwar: On 4th March Holi Milan was held at the community center hall of BHEL. About 150 members, including the Model Colony members headed by Shri. S C Goel treasurer. It was addressed by Secretary SH P P Dhasmana, President Sh Sarvesh Gupta, Sh M K Raina Director Shehjaar and Shei. M K Mittal Patron. Ishwar Vandana by Mrs Rita Saxena & Mrs Ranjana, Nataraj stuti by SH S B Nautiyal, Thumri by Mrs Nirmala Verma, solo song by Mrs Madhur Goel, D R Girdhar. Group danceby Mrs Krishna & Mrs Madhu, Mrs Suman & Mrs Prabha and a group of Mrs. Madhu, Krishna Shucheta, Beena, Duet song by Mrs Surekha & Suresh Palgay, Mrs Ranjana & Milan Prabhat. Hasya ke pal by Mrs Usha Gupta, skit Mrs Rita & S S Awasthi, Kavita recitation by Mr Ravikant Gupta and solo dance by Mrs Ranjana Verma. Early bird awards were given to early 10 members who recorded their attendance. Prizes to 10 lucky members were given by Mrs Kumud Mittal. Mr Ravikant Gupta presented the vote of thanks. SH S C Goel thanked the anchor Mrs Rita Awasthi & Mrs Ranjana Verma.

Under the aegis of National Institute of Social Defence (Ministry of Social Justice & Empowerment, GoI, program on Holistic Health was held on 24th March at Hotel Prashant Haridwar; arranged in collaboration with Anugraha Regional Resource & Training Centre on Ageing, Delhi and hosted by the Forum.

Therein, Dr Mohinder Ahuja elaborated on ancient Aurveda practices and of Ahar Vihar. Yogacharya Sh L S Rawat disciple of Swami Adhyatmanand of Shivanand Ashram Rishikesh
explained the role of Yoga & Pranayam. Dr Preeti Singh Bhaskar focused on our bad posturers which puts undue stress. Dr Abha Choudhary Head Anugraha RRTC Delhi gave a few health tips.

Shehjaar Homes Haridwar: Kuchh bhi boliye program on 23rd March was held with 23. Amongst eminent speakers were Sh A K Jain Sh H N Gupta.  
---Shri. Suresh Palgay

Tamil Nadu

Dr. V. S. Natrajan of Geriatric Foundation (Phone: 044-48615866/7200519167) has brought out a book in English on “60 Plus” which is a Q&A book costing ₹200 each+₹70 by speed post. 14, 2nd Floor, 29/2, Sena Cirle, Duraiswamy Road, T. Nagar, Chennai-600017.  
--- Sri. Namassivayam R T, FOSCATAN, 9789974100 : namasivayamrt@gmail.com

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